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WHAT IS CLAIMED IS:

- 1. A magnetic key chain, said magnetic key chain comprising a ring, a magnet, a hook and a flexible tube having a first end and a second end, wherein said magnet being attached to said first end of said tube and said hook being attached to said second end of said tube, and wherein said ring being attached to said hook.
- 2. The magnetic key chain according to claim 1, wherein said magnet is a neodymium magnet.
- 3. An item of magnetic jewelry, said item comprising a flexible tube having a first end and a second end, a magnet and a magnetic material, wherein said magnet being attached to said first end of said tube and said magnetic material being attached to said second end of said tube.
- 4. The item of magnetic jewelry according to claim 3, wherein said magnet is a neodymium magnet.
- 5. The item of magnetic jewelry according to claim 3, wherein said magnet is a first magnet and said magnetic material is a second magnet.
- 6. The item of magnetic jewelry according to claim 5, wherein said second magnet is a neodymium magnet.
- 7. A method of therapeutically treating an anatomical site in a living body, using a magnetic key chain, said magnetic key chain comprising a ring, a magnet, a hook and a flexible tube, said method comprising the step of placing said magnetic key chain around said anatomical site, whereby

to expose said anatomical site to a magnetic field associated with said magnet in said magnetic key chain.

- 8. The method of claim 7, wherein said anatomical site is a wrist.
- 9. The method of claim 7, wherein said anatomical site is an elbow.
- 10. The method of claim 7, wherein said anatomical site is a heart.
- 11. A method of therapeutically treating an anatomical site in a living body, using an item of magnetic jewelry, said item of magnetic jewelry comprising a magnet, a magnetic material and a flexible tube, said method comprising the step of placing said item of magnetic jewelry around said anatomical site, whereby to expose said anatomical site to a magnetic field associated with said at least one magnet in said item of magnetic jewelry.

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- 12. The method according to claim 11, wherein said magnet is a first magnet and said magnetic material is a second magnet.
- 13. The method of claim 11, wherein said anatomical site is a wrist.
- 14. The method of claim 11, wherein said anatomical site is an elbow.
- 15. The method of claim 11, wherein said anatomical site is a heart.

16. A magnetic dart, said magnetic dart comprising a first tube and a second tube, a magnet, and a length of fabric, wherein said magnet being attached to said first tube, said length of fabric being attached to said magnet and said first tube, and said second tube being a sleeve over said fabric adjacent to said first tube and magnet.

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- 17. The magnetic dart according to claim 16, wherein said fabric is wool.
- 18. The magnetic dart according to claim 16, wherein said fabric is velvet.
- 19. The magnetic dart according to claim 16, wherein said fabric is cotton.
- 20. The magnetic dart according to claim 16, wherein said fabric is leather.